#WHISGreece

Health, Wellness & Mindfulness PROGRAMME

October 21st - 23rd, 2016





World Health Innovation Summit

www.worldhealthinnovationsummit.com

Hosted by THE MERAKI PEOPLE

GREECE - MT. PARNONAS - KARYES (ARAHOVA) LAKONIAS

#WHISGreece

Health, Wellness & Mindfulness PROGRAMME

World Health Innovation Summit: a platform for all to inspire, innovate and share knowledge to improve healthcare. Our focus is help the local communities work together for health, wellness and mindfulness while stimulating economic growth.

Get your ticket here: https://www.eventora.com/en/Events/whis-greece-2016

Simultaneous TRANSLATION SERVICES will be provided throughout the event. A charge of 10 Euro 5 for the headsets and 5 for the translators will be charged per day of service.

#worldhealthinnovationsummit

MERAKI PEOPLE

PRODUCING WITH HEART

World Health Innovation Summit

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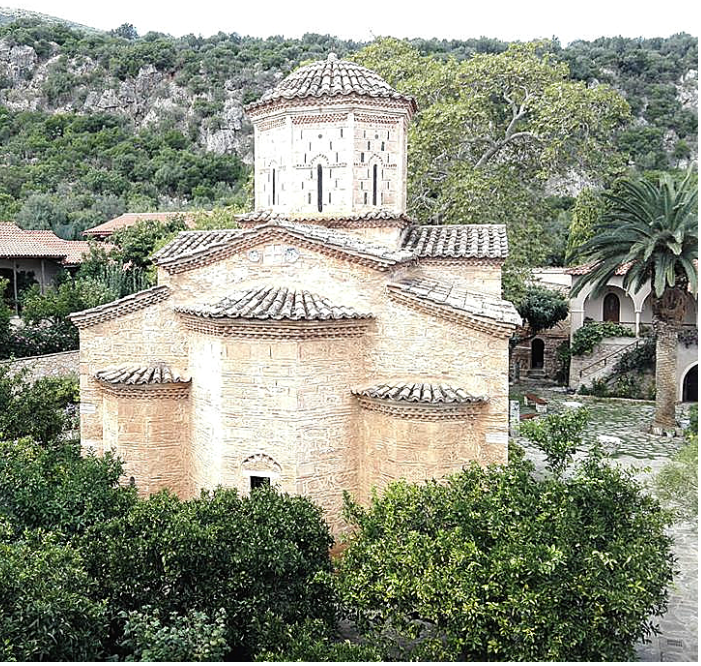
Under the auspice

ΠΕΡΙΦΕΡΕΙΑ ΠΕΛΟΠΟΝΝΗΣΟΥ

Πανελλήνια Ένωση Νέων Αγροτών

ΠΑΝΑΡΚΑΔΙΚΗ ΟΜΟΣΠΟΝΔΙΑ ΕΛΛΑΔΟΣ 1955







MT. PARNONAS SAYS

WELCOME TO #WHISGREECE

By Mt Parnonas
The Meraki People hosting
The World Health Innovation Summit

I am Mt Parnonas and all life on me… from the simplest to the most intricate and complicated. I have survived, thrived, fed living creatures! I have been the source of life for numerous ecosystems for thousands of years. I have witnessed the eternal cycles of birth, growth, death and rebirth and have been the place of MYTHS, WARS and LEGENDS!

However, my breath taking beauty lies not only on the first moment of awe when you see what NATURE can produce while discovering my forest, my rivers, my medicinal and aromatic herbs, my sea shores, my olive orchards, my sheep and goats, my vineyards but also when you discover MY PEOPLE and the relationship they have developed with me!

My beauty lies not only in the diversity of life of the stone bed that is my body, the austere miracle of my “Megali Tourla” Peak extending its height above the 1936 meters but also on the diversity and intricacy of human life that has been calling me “home” !

I am urging you to discover the way this forgotten yet fragile and ready to be lost way of life that respects, is governed and is fully dependent on NATURE by participating in the World Health Innovation Summit GREECE that will happen on one of my villages!

I am anticipating the result of this experience can only lead to your and humanity’s:

Health, Wellness and Mindfulness…

Welcome to the SUMMIT







2016 OCTOBER

FRIDAY 21st

(Central Square) Hotel / Accommodations

7.00PM-10.00PM

WELCOMING & START

1. **Gardikioti, Christiana** ORGANISER - Creator of "The MERAKI People" Theatre Artist, Educator, Investments Councilor/Social Entrepreneur: Welcome & Mission Impossible
2. **Presch, Gareth** W.H.I.S Founder - Sharing knowledge around the Globe
3. **Tatsuno, Sheridan** Silicon Valley Strategist - Regenerating 24 Parnonas Villages
4. **Dr. Suresh N.Rao** Recovery and Regeneration in North Cumbria through Innovation in Participative Community Engagement
5. **Dia Tzanetea** Vice Govenor of region of PEL/SOS Educator
6. **Giannakakos Vasileios** PANANARKADIKI Federation: "Arcadians World Wide "
7. **Valiotis Evangelos**, Mayor of Sparta
8. **Ntevekos Giorgos,** President of the Village of KARYES "welcome"
9. **Dr. Edvinson, Leif** Professor emeritus on Intellectual Capital, Sweden and Hong Kong, Founding President New Club of Paris, "on Societal Innovation" (pre-recorded Power Point)
10. **Kaloupis Petros** The "Disabledbook" - Transforming internet into disabled accessible sites for Local Authorities, Prefectures and businesses
11. **Dr Nikos Katsaros** Dean of Nutrition Dept. in NEW YORK COLLEGE, Former Director of National Hellenic Food Authority, Scientific Coordinator in National Research Centre Democritus: "Primary Agricultural Production : The Base of the Mediterranean Diet"
12. **Dr. Tomaras Petros** Chief Executive Officer of Regional Panarkadiko Hospital: "Public Administration, Health and Community - HEALTH TOURISM"

10.00PM-11.30PM

COMMUNITY DINNER







2016 OCTOBER

SATURDAY 22nd

9.30AM-11.45AM

BUSINESS - NATURE - SOCIAL CAPITAL - MINDFULNESS

13. **Dreesinaar, Desiree** Blue Economy Systems Design Sustainability "Technology in COMMUNITY DEVELOPMENT"
14. **Ivanka Milenkovitch** EKOFUNGI SCHOOL Serbia – "Business – Science & PRACTICE"
15. **Alimantariou Kleopatra** Studied and practices the Art of Midwifery in Athens and U.K. & a M.Sc. in Health Informatics City Univ London, Ph.D in Innovation health and mobile application Co-founder of Biomimicry Greece "Biomimicry &health informatics"
16. **Bergstrand, Bert-Ola,** Sweden, international thought leader and movement builder "Social Capital and Digital Social Innovation"
17. **Markouizoy Gkika Aimilia** Drug Addiction Councilor/Family Therapist "Drugs & Parents"
18. **Panagiotaki Panagiota** Psychologist, MSc "Manual of Dream Making: "Successful Life Stories After Using Mindfulness in Education, Psychological Counselling and Life Coaching"







2016 OCTOBER

SATURDAY 22nd

12.00AM-12.30AM
LAUGHTER YOGA CENTRAL VILLAGE SQUARE

12.30P.M. - 2.00 P.M
PATIENT IN MIND - E-HEALTH & TECHNOLOGY

19. **Eva Delidaki** , Medical Journalist – Writer
"Alternative Therapies From Hippocrates to today - Why are they fighting them?
20. **Dr Bellios ,Vasileios** M.D. Gynecologist IASO HOSPITAL - ATHENS TEGEAN UNION of 19 VILLAGES "NGO AGKALIA"
"Protection of unborn children"
21. **Nikolopoulou Lina** Managing Director Mindwork Business Solutions "E-HEALTH Forum Athens, Catalyst for Reform - Enabler for Growth"
22. **Andreas Stefanidis** President of Academy of Entrepreneurship & Head of the sustainable business incubator Aephoria.net "Open Innovation for Health & Wellness SMEs"
23. **Dr. Kalliopi Athanassiadi** M.D Chief Thoracic Surgeon Evangelismos General Hospital of Athens: "Minimal Invasive Surgery"
24. **Ikonomoy Antonis** Project Manager "Innovathens": "Science & Technology Start ups – MAKERS Hub SPACE in a rural area"







2016 OCTOBER

SATURDAY 22nd

2.00PM-4.00PM
LUNCH BRAKE

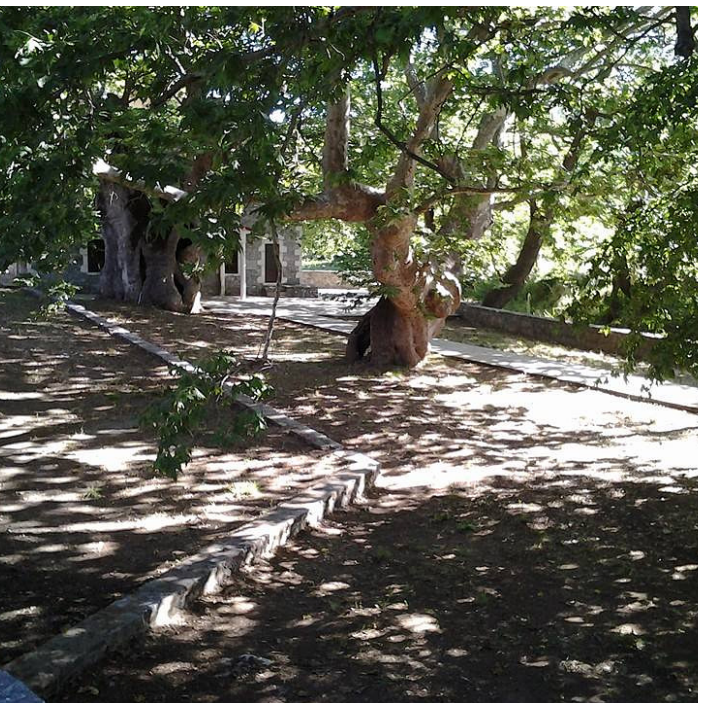
4.00PM-6.00PM
KEY NOTE SPEAKER
GUNTER PAULI
FOUNDER OF
ZERO EMISSIONS RESEARCH INITIATIVES, BLUE EXONOMY AND PRESIDENT OF THE BOARD OF NOVAMONT S.A.
"INSPIRED BY NATURE" YEAST ECONOMY IN MT PARNONAS

5.00 - 6.00 P.M.
Q & A

7.00 - MIDNIGHT
… G L E N T I (FESTIVITIES) AND SUPPER







2016 OCTOBER

SUNDAY 23rd

10.15 - 12.30 A.M.

CARING FOR HEALTH THROUGH SCIENCE

25. **Dr. Chrysopoulos Minas** PRMA | Center for Advanced Breast Reconstruction, Plastic Surgeon, San Antonio Texas "Breast Cancer Restorative Surgery" U.S.A

26. **Dr. Kousoulis Panagiotis** Flight Surgeon Hellenic Air Force ENT Consultant Department of Otorhinolaryngology "Diagnosis and treatment of Snoring and Sleep apnea through Medical Tourism"

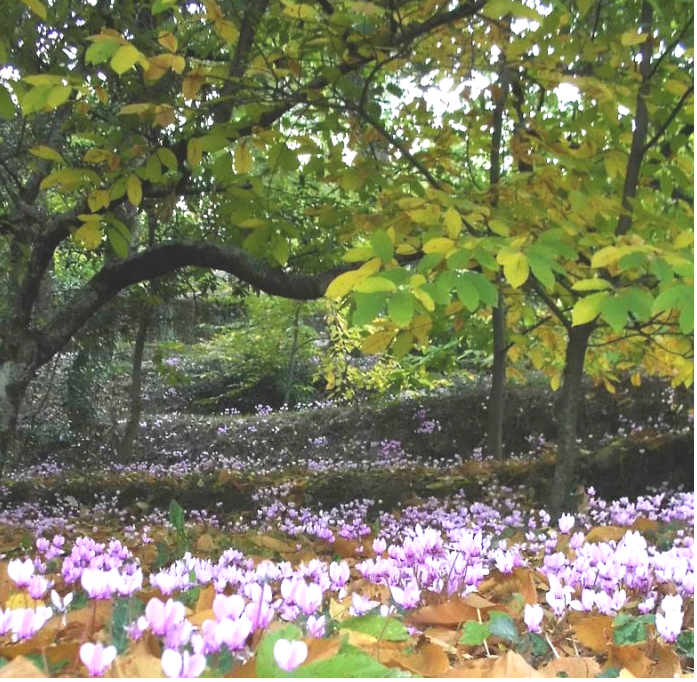
27. **Diamanakos Panagiotis** Ph D Candidate Dept. of Pharmacy, National Kapodostrian University of Athens "Research in Olive Oil - Healing properties"

28. **Dr. Krimnaniotis Nikos** Producer "LIVA OLIVE OIL with E.U Health Claim 432/2012"

29. **Dr. Doug Mashek** Associate Professor Mashek Laboratory Univ. of Minnesota "The role of what and when we eat in disease development" (prerecorded Power Point)

30. **Nanos Panagiotis** Chief Executive Officer of Larissa University Hospital Panepistimiako Geniko Nosokomio Larisas [UGHL] "Health and Medical innovations in National Hospitals"

31. **Dr Gallis Christos** Senior Researcher Forest Institute of Thessaloniki: "Forest Therapies For Public Health and Local Economy and Development"







2016 OCTOBER

SUNDAY 23rd

12. 30 - 1.30 P.M.
EXPERIENCE 3000 YEARS OF MOUNTAIN CIVILIZATION

32. **Moreno Luis** Spanish Entrepreneur (Power of Youth – Kandili) - MAMAHUHU Shoe Making Corporation in Columbia : "Empowering Locals to be entrepreneurs"
33. **Ms. Haitidou Sophia** Social Enterpreneur "Social Synergizing" - Recycling fabric
34. **Ms. Hriitu Rana** Founder and President of Anan VITKAS a MIND GENIUS CHARITABLE TRUST "Community & Government in Mumbai, India"

3.00 - 5.00 PM
CONCLUSIONS AND FOOD WITH "MERAKI PEOPLE"







2016 OCTOBER

#WHIS

"Together, We Inspire" - WORLD HEALTH INNOVATION SUMMIT

World Health Innovation Summit CIC is an independent social enterprise that supports communities with health and wellbeing knowledge exchange and has no political or religious affiliation. We respect all views and opinions.

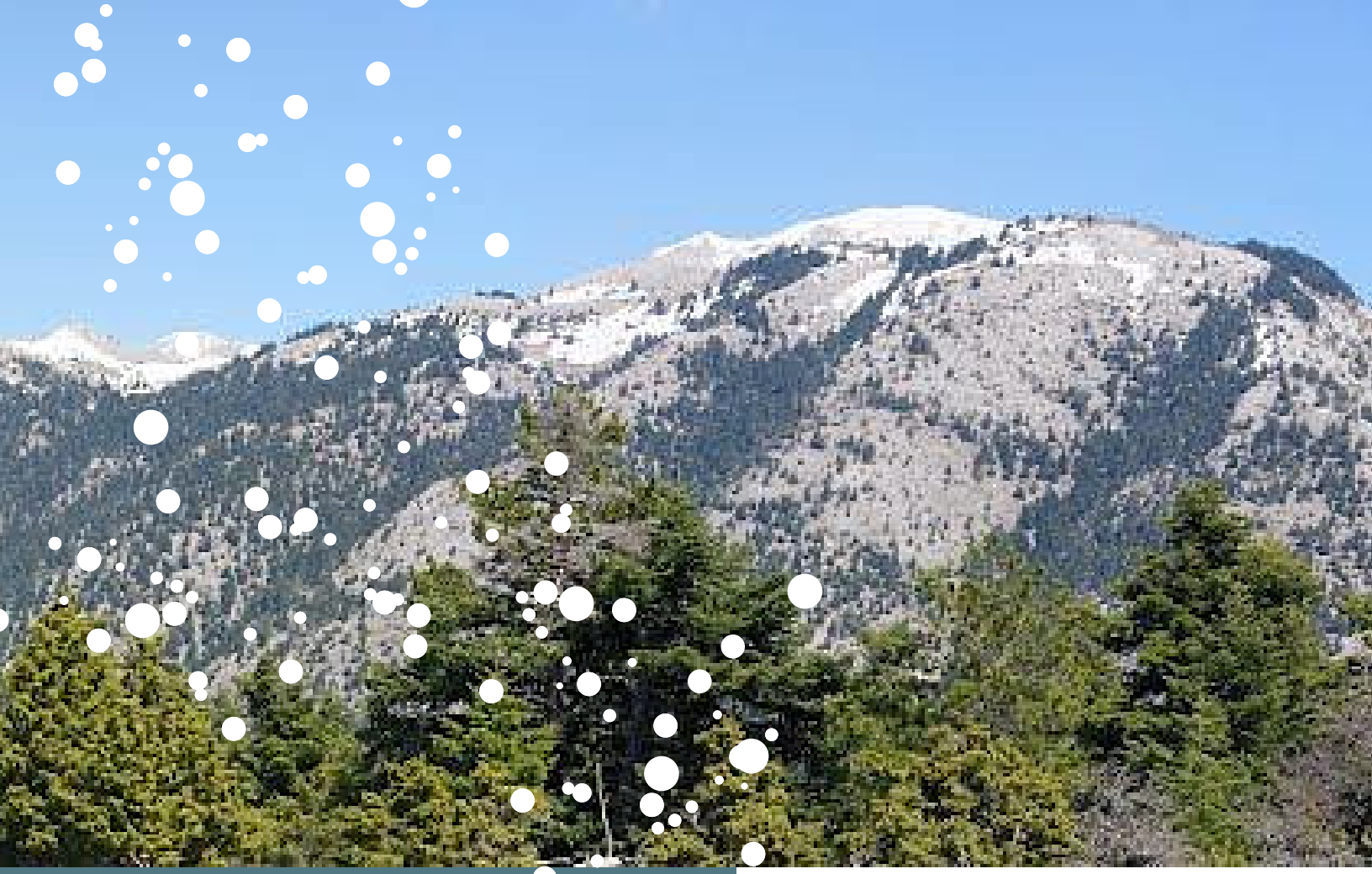
#togetherweinspire

THE BLUE ECONOMY

The Blue Economy is Zeri´s philosophy in action. Is where the best for health and the environment is cheapest and the necessities for life are free thanks to a local system of production and consumption that works with what you have.

Innovative Business Models are capable of bringing competitive products and services to the market responding to basic needs while building social capital and enhance mindful living in harmony with nature's evolutionary path.

#theblueeconomy



HOST

ADVICE FROM MT. PARNONAS

Hi all summit attendees!

The weather in Greece in October can be cold and there may be some snow.

Be prepared to bring adequate clothing when attending the summit, although the open hearts of Greek people will keep your souls warm.
Your Children will be engaged creatively by local caregivers while parents attend the summit.

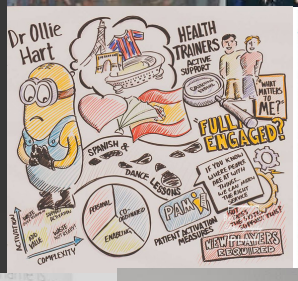
We look forward to welcoming you to Greece.

#togetherweinspire

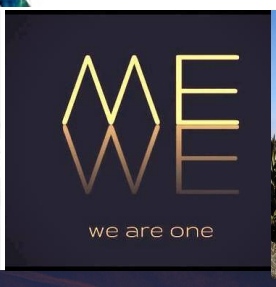






















GLOCAL

JOIN THE CONVERSATION

World Health Innovation Summit
twitter.com/HIC2016 #WHISGreece

facebook.com/worldhealthinnovationsummit
worldhealthinnovationsummit.com

The Meraki People
facebook.com/themerakipeople/

The Blue Economy
http://www.theblueeconomy.org

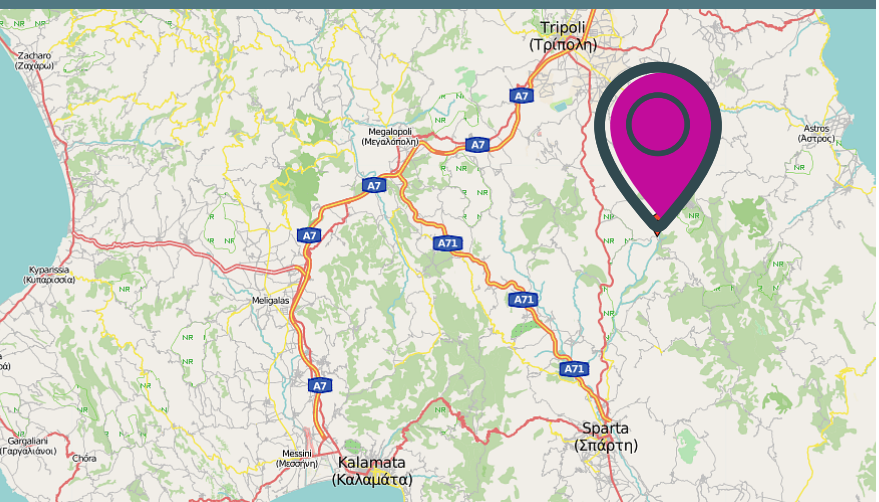
IMPACT JOURNEY
CREATING THE FUTURE

Social Capital Partner - Anna Blume
https://www.facebook.com/groups/ImpactJourney/



LOCAL

KARYES (ARAHOVA) LAKONIAS



Karyes is a traditional village, nested on the foothill of mountain Parnon and surrounded by chestnuts and walnuts. The forest full of colors being so near the traditional settlement, the picturesque village's square with its perennial plane tree, the hospitality of its residents and the stories told by the elderly, make the staying unforgettable and challenge the visitor.

The location is inhabited and well known since the ancient times, with references to its residents and the sanctuary of Caryatid Artemis – related to the Caryatids, the young girls of Karyes, which are illustrated in the famous monument in the Erechtheion of Acropolis.



VISION

TO MAKE PARNONAS THE FIRST NATURAL FACTORY OF THE WORLD

CHRISTIANA GARDIKIOTI

VISION

TO MAKE PARNONAS THE FIRST NATURAL FACTORY OF THE WORLD

WHERE PEOPLE WORK "IN AND FOR" NATURE

INSPIRED BY GUNTER PAULI"S ADVISE TO CREATE A "YEAST ECONOMY" in the 24 Villages of MT PARNONAS

FUELED BY PEOPLE's PASSION, DEXTERITY, DEDICATION and LASER FOCUS on the task
= by their "MERAKI"

"The Meraki people" are REINVENTING GREECE by CREATING COLLECTIVE PROSPERITY TO HUMAN COMMUNITIES and PROVIDING STEWARDSHIP TO THE MOUNTAIN Global Paradigm of "APPLIED RESILIENCE"